# LARIMER COUNTY | Human Services, Office on Aging, Area Agency on Aging

1501 Blue Spruce Drive, Fort Collins, Colorado 80524, 970.498.7750, Larimer.org/seniors

# **Advisory Council Meeting**

April 11, 2019

#### Minutes

# Held at 2573 Midpoint Drive, Ste. 108 Room 124

Fort Collins, Colorado 80524

<b>Members Present:</b>	Jay Adams	Crystal Bloemen	David Born
	Myles Crane	Ferri Erickson	Bonnie Glass
	Kirsten Hartman	Roy Lilley	Margaret Long
	Ellen Pihlstrom	Gregg Seebohm	Jody Shadduck-McNally
	Punkie Whitely	Kristy Wygmans	Sharon Zamora
<b>Members Absent:</b>	Elaine Boni	Sharon Courtney	
<b>Staff Present:</b>	Tina Corrigan-Hugo	John Kefalas	Katy Mason
	Lynda Meyer	Stephanie Morris	
<b>Guests Present:</b>	Dixie Huff	Ruth Long	

### CALL TO ORDER

Crystal Bloemen called the meeting to order at 1:32 p.m.

### CONSIDERATION OF TODAY'S AGENDA AND MINUTES OF

March 14, 2019

Minutes were accepted as presented.

#### A LITTLE HELP UPDATE

Jason Morgan, Executive Director of A Little Help, gave a brief history of how the organization came to Larimer County. Their purpose is to help people age in place by using neighbors to help neighbors with such things as providing transportation, dog walking, companionship, setting up printers and computers, or other common home-related tasks. A Little Help does not help with things like roofing, plumbing, car maintenance, etc. The organization is about to start services in Berthoud and is hoping to eventually expand to Loveland as well.

# COMMUNITY ASSESSMENT SURVEY FOR OLDER ADULTS (CASOA)

Lynda Meyer gave an overview of the results of the latest CASOA. The CASOA can be found on the LCOA website at <a href="https://www.larimer.org/seniors">www.larimer.org/seniors</a>.

The CASOA is administered by National Research Center, Inc., and provides a statistically valid survey of the strengths and needs of older adults as reported by older adults themselves in communities across America. This report is intended to enable local governments, community-based organizations, the private sector and other community members to understand more thoroughly and predict more accurately the services and resources required to serve an aging population. The survey and its administration are standardized to assure high quality survey methods and comparable results across communities. Participating households with residents 60 years or older were selected at random and the household member who responded was selected without bias. The survey was mailed on May 21, 2018 to a random selection of 3,000 older adult households in Larimer County's service area. Older adult households were contacted three times about participation in the survey. A total of 847 completed surveys was obtained, providing an overall response rate of 28% and a margin of error of plus or minus 3% around any given percent and two points around any given average rating for the entire sample.

#### **AUTOBIOGRAPHY**

Punkie Whitely gave a brief autobiography.

#### **COMMITTEE & STAFF REPORTS**

#### **Executive Committee**

Crystal stated that the deadline to apply for the Council is April 21. Bonnie Glass will not be continuing, which leaves the Council with four open slots. Crystal announced that this is the time of year that we elect new officers. Katy Mason distributed job descriptions for chair and vice chair. Interested Council members should contact one of the committee chairs or LCOA staff. Crystal reminded everyone that next month is the Older American's Awards. The first part of the meeting will be the celebration and the second part will be a brief Council meeting.

# **Public Policy & Education Committee**

Gregg Seebohm reported that the Committee selected the winners of Older American's Month Awards. The Committee discussed the Reauthorization of the Older Americans Act. Gregg stated that the Council has finished visiting the congregate meals sites. It was announced that the Los Ancianos meal site will move from the Northside Aztlan Community Center to the Legacy Church in May. They will resume back at the Northside in August. This is due to capacity issues with the Youth programming in the summer. Gregg announced that Bonnie Glass has worked to add a meal site in Berthoud along with staff from the LCOA and Volunteers of America.

#### **Grantee Management & Evaluation**

Ferri Erickson reported that Lynda discussed the reorganization at the Department of Human Services as well as the State Unit on Aging's proposed change to the formulary which determines how the funding is disbursed to the 16 Area Agencies on Aging's (AAA). Lynda that a change in the funding formula most likely won't happen until fiscal year 2021. The Committee also worked with Stephanie on the Request for Proposal (RFP) process and approved supplemental funding for this fiscal year. Ferri stated that all site reviews are complete and any suggestions for improvement should be given to committee members or Katy.

#### LIAISON REPORTS

#### Fort Collins Senior Advisory Board (SAB)

Myles Crane reported that the SAB had two speakers attend. Amber Franzel discussed the Ombudsman Program and the World Elder Abuse Awareness Day (WEAAD) and Diane Cohn presented on Volunteers of America Caring Companion programs.

# Loveland Senior Advisory Board (SAB)

Dixie Huff reported the SAB had a presentation by Jim Becker from the Partnership for Age-Friendly Communities (PAFC) on Senior Access Points.

### **Commission on Aging**

Ruth Long announced that Wade Buchanan has hired a Senior Advisor on Aging. Her name is Janice Blanchard. Ruth read Janice's biography and reminded the Council that this position is funded by the NextFifty grant for the next two years.

### **County Commissioners**

Commissioner Kefalas distributed copies of the 2019 Economic and Workforce Health Data Dashboard. Commissioner Kefalas reported that the County is currently working on the Comprehensive Plan. The plan will be posted on the County website and Open Houses will take place for getting feedback from the community. Commissioner Kefalas stated that he would welcome help from Katy, Lynda and Jim Becker to create a presentation to the Colorado Counties, Inc. regarding best practices for aging services in Larimer County.

### **Partnership for Age-Friendly Communities (PAFC)**

Katy reported that the housing committee will be meeting with Fort Collins planners to discuss the need to promote diverse housing types.

#### **ANNOUNCEMENTS**

Jody Shadduck-McNally asked Council members interested in joining a book group to read Roy Lilley's book and discuss it, to contact her.

Kirsten Hartman announced that there were 150 signed up for Senior Resource Day, approximately 80 people attended Linda Rumney and Suzanne Murray's presentation on Options in Long Term Care.

Crystal announced that World Elder Abuse Awareness Day is on June 14 at The Ranch.

# ADJOURNMENT

Crystal adjourned the meeting at 3:28 p.m.