1501 Blue Spruce Drive, Fort Collins, Colorado 80524, 970.498.7750, Larimer.org/seniors

Advisory Council Meeting January 14, 2021 Minutes

Members Present:Jay AdamsCrystal BloemenRoyce BoehrsElaine BoniJill CouchSharon Courtney

Myles Crane Joe Glomboski Kirsten Hartman Lisa Hays Alexis LaHaie Margaret Long Danita Nixon Ellen Pihlstrom Punkie Whitely

Members Absent: David Born

<u>Staff Present:</u> Tina Corrigan-Hugo Amber Franzel Commissioner Kefalas

Nicole Limoges Lori Metz Heather O'Hayre

Commissioner Shadduck- Katie Stieber

McNally

Guests Present: Kaylie Eisenberg Dixie Huff Ben Lotstein

Lorye Mcleod Connie Nelson-Cleverley Jeffrey Pomranka

Tony Van Goor

CALL TO ORDER

Crystal Bloemen called the meeting to order at 1:33 p.m.

CONSIDERATION OF TODAY'S AGENDA AND MINUTES OF December 10, 2020

Minutes stand as presented.

LCOA PROVIDER PANEL PRESENTATION:

Jeffrey Pomranka, Director, Loveland Meals on Wheels (LMOW) began the presentation to the Council with a current story about a client impacted by COVID. LMOW served over 70,000 meals in 2020. Usually, face-to-face visits are around 65,000 a year. Sadly in 2020 that amount was down to 24,832 visits. Client numbers have dropped for a variety of reasons including not liking the switch to frozen meals or their family is working from home and can provide meals. Jeffrey described several agencies that LMOW has partnered with during COVID.

Ben Lotstein, Associate Director, Aging Clinic of the Rockies (ACOR) discussed the variety of services provided through ACOR. The LCOA funds two programs: Caregiver Counseling and Senior Peer Counseling. Because of COVID, the programs are being run by phone or through Zoom. Number of clients are up 25% in Senior Peer Counseling and 45% in Caregiver Counseling during COVID.



Ben ended the presentation describing the other three programs run through ACOR, the Caregiver Mentor Program, regular psychotherapy, and neuro-psycho evaluations.

Connie Nelson-Cleverley, Executive Director of SAINT, gave a presentation on SAINT services. COVID has impacted the number of rides they have been able to give. They have wonderful volunteers who have met any demand. Pre-COVID SAINT would provide an average of 2,000 rides a month. 2020 had an average of 604 per month.

OFFICE ON AGING STAFF UPDATES

Katie Stieber shared the memorial plaque for Sharon Zamora.

Katie stated that the Business Analysis Next Steps is still in progress. We reviewed all the notes and is trying to incorporate all the changes that were requested. A final draft will be given out when it is ready.

Heather O'Hayre thanked Commissioner Kefalas for providing a lot of leadership to this Council. Heather welcomed Commissioner Shadduck-McNally.

Amber Franzel thanked the council members involved in the postcard project. Residents have expressed gratitude. Kirsten Hartman asked if it was possible to do the project again. Amber said she will look into it doing the project again. Katie announced that the Ombudsmen have been vaccinated.

Lori Metz reported on a bill that has been drafted for Alternative Response in Adult Protection Services (APS). Currently when a substantiated self-neglect call comes into APS it treated the same as all calls. The bill will put into place a dual-track system that allows case workers to call and schedule an appointment. There is a committee that will start writing rule for the 3-year pilot.

COMMITTEE & STAFF REPORTS

Executive Committee

Crystal and Ellen Pihlstrom reported:

- Held conversation with Katie, Lori, Heather, and Laura Walker to discuss where we have been, where we are and where we can get to. Margaret Long gave more background on the conversations regarding the best placement of the Office on Aging.
- Senior Day at the Capitol will change to a webinar format.
- Answers on Aging and Network of Care are being updated.
- Planning for future meeting, including May "Older American's Month" Awards.
- ADRC positions are posted.
- Discussed Program Quality Assurance Coordinator (PQAC) positions.

Public Policy & Education (PP&E) Committee

Sharon Courtney reported:

- Discussed the Caregiver Forum. More volunteers are needed.
- Discussed the Business Analysis and what the Committee can do to expand what they
 are doing in the community.
- Reviewed reports from the Colorado Senior Lobby. Older Americans Week, February 8 -11. There are five webinars available. Sharon will send out to Council.



Grantee Management & Evaluation (GM&E) Committee

Margaret Long reported:

- Katie reported on Chore and Respite Voucher program. The application process can be completed online through Network of Care now.
- The Voucher programs are under spent. The nutrition programs are going strong.
- Margaret thanked Council members for signing up for site reviews. Margaret reminded members about confidentially when attending the site reviews.
- Discussed CARES funding. It is not looking like all the funding will not be spent by September 30, 2021. Heather O'Hayre commented that the state has stated that this deadline can be extended. February Council meeting will include a budget update.
- Received update on staffing from Katie. PQAC duties will be divided by area of service.
 Both ADRC positions have been posted and hopes to have them filled by the end of February.
- Heather gave a quick update on transportation to vaccination appointments.

LIAISON REPORTS

Fort Collins Senior Advisory Board (SAB), Colorado Commission on Aging (CCOA) and Partnership for Age-Friendly Communities (PAFC)

Myles Crane reported:

- Full strength with two new members.
- Darin Atteberry attended meeting and asked what the City is doing well and not doing
 well. Comments included positive feedback for volunteer programs and negative
 comments on community outreach for older adults, people living in assisted living
 facilities and rural community members. Not everyone has access to broadband.
- CCOA acknowledged Sharon Zamora.
- Myles asked Kirsten Hartman to help report on PAFC. Health & Wellness work group is working on an isolation project. The next generational conversation on February 20 on Freedom of Speech. A virtual catalog has been launched which will help people find ways to connect through Zoom.

Loveland Senior Advisory Board (SAB)

No reported given.

ADJOURNMENT

Crystal adjourned the meeting at 2:52 p.m.